**Dr. Eric Huang Becomes New QCDS President**

**QCDS and ICDE Officers Installed at Annual Dinner**

Saying that he “pledged to lead this big family to grow even stronger,” Dr. Eric Huang was sworn in as the new Queens County Dental Society president at the Annual Installation Dinner Dance, held in February at the Chateau Briand, Carle Place. The Dinner Dance had initially been scheduled to take place in January, but had to be rescheduled due to a blizzard that day.

“I would like to thank all of you for your support. I give thanks to my staff members and colleagues for their tireless effort and help. I would also like to express gratitude to my friends, who have supported me throughout my career;” the new president told the large gathering following his installation. “I am humbled and honored to stand before you today.”

Installed along with Dr. Huang were Dr. Ronald Garrett, president-elect; Dr. Richard Yang, vice president; Dr. Craig Tischler, secretary; Dr. Prabhakar Koppikar, treasurer; and Dr. Arelys Santana, historian.

Also installed were new ICDE officers Dr. Prabha Krishnan, president; Dr. Ronald Garrett, vice president; and Dr. Viren Jhaveri, secretary/treasurer.

Among the dignitaries in attendance were Congresswoman Grace Meng and her husband, Dr. Wayne Kye, a local dentist. Also present were a number of ADA and NYSDA officials, as well as the presidents of neighboring dental associations.

QCDS Executive Director Oleg Rabinovich, acting as emcee, welcomed the many tables of guests to the event. A long list of dignitaries was recognized by Dr. Bijan Anvar, QCDS past-president. American Dental Association Trustee Dr. Chad Gehani, a past QCDS president, presented Dr. Beatriz Vallejo with the 2016 Emil Lentchner Distinguished Service Award. The QCDS officers were installed by Dr. Gehani and the ICDE officers were installed by Dr. Steven Gounardes, Speaker of the House of the New York State Dental Association. Immediately upon being installed, President Huang presented a plaque to outgoing President Sudhakar Shetty in appreciation of his service and leadership.

Dr. Hung told the audience that “as an essential objective, we need to increase member participation. We need members to make our society stronger. We need to tackle the unaddressed challenges that are facing our society. And we need

—Continued on page 10

**Dr. Beatriz Vallejo Receives Emil Lentchner Award**

The Emil Lentchner Award is the Queens County Dental Society’s highest honor. There have been years when there have not been any candidates who received this most honorable recognition, but this year, the QCDS Board of Trustees unanimously approved the Honors Committee recommendation that Past President Dr. Beatriz Vallejo be the recipient.

Dr. Vallejo was born in Ecuador and received her license degree in dentistry from the Central University of Ecuador in 1968 and revali-
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Looking Forward to 2016

By Dr. Eric Huang, D.D.S

I hope 2016 is off to a great start for all of you! I was so glad and honored to see so many of your faces at the installation ceremony in February. When I immigrated to the United States as a young man, I hoped to establish a life for myself as a dentist, but I never imagined becoming the President of the Queens County Dental Society! As such, I hope to use my term as president to strengthen QCDS, and I would like to focus on growing our membership and membership participation. To do so, we will need everyone in QCDS to help recruit new dentists to join our ranks. The Queens County Dental Society is a highly diverse organization whose members represent the richness of the community we all serve. As president, I am obligated to gather all dentists in Queens County together, regardless of their genders, cultural backgrounds, and ethnicities, to provide the best service for our community. I know that we will stand strong and united in this endeavor.

My second goal for 2016 is to continue building upon previous years’ efforts to grow our community outreach initiatives, such as Give Kids a Smile. I’d like to thank all of you for your participation in this program, and reiterate how it represents an important outreach and educational program to a crucial segment of our community. Many members of our community are new immigrants from various countries who often under-prioritize dental health and prevention. We, as their doctors and fellow community members, are compelled to educate our patients and community about the importance of good dental health. We will need support from all members of QCDS to reach out to children and seniors in our community with this message.

Finally, I would like to reiterate to you that the Queens County Dental Society will always strive to provide benefits to its members. Together we can accomplish what we cannot do alone.

I hope you will not hesitate to reach out to me should you have any ideas on how we can benefit you and the Queens County community.

Dr. Beatriz Vallejo Receives the Emil Lentchner Award

—Continued from page 1

Review Committee, SAMDSNY in the Dental Committee, AGD in the Queens County Chapter-Board of Directors and has been recognized with certificates by the AGD, National Society of Dental Practitioner, ADA, Peer Review, City of New York Department of Health, SAMDSNY, and the Greater Long Island Meeting.

In addition, she has also received a Citation of Honor from the City of New York, the New York State Dental Society’s Life Member Certificate, a plaque from the ADA for recruitment and retention, a plaque from the SAMDSNY Dental Committee for serving as its president, a plaque from the AGD Chapter of Queens for serving as its president, and a plaque from the SAMDSNY serving as president of the entire society in the year 2000.

At the recent QCDS installation, Dr. Vallejo accepted her award from presenter Dr. Chad Gehani, ADA Trustee and QCDS past president, who was a previous recipient of the same award. Dr. Vallejo thanked the members for her nomination and also thanked her family for their love and support. Dr. Vallejo concluded her remarks by stating, “Dentistry has always been my passion and I hope that it continues to be yours. So continue to ask yourself, ‘what else can I do for my profession?’ Go and help serve our communities and societies, and guide the younger generation.” Dr. Vallejo received a standing ovation.
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We are all very familiar with the on-going battles over dental therapists, especially in certain states. It is an active political problem throughout New England. The issue is now appearing in the southeast, Texas, the upper Midwest, and in a number of places in the west. In short, the therapist issue is cropping up throughout the nation, although we have been very successful in fighting this in the states.

As an overlay, therapists also remain a very hot topic on Native American lands. Because the issue is so common and will be for the foreseeable future, we need to have timely discussions and stay current on this important topic, which affects our patients and our profession.

As part of our strategic discussion, we reviewed existing data on the effectiveness and economic viability of the therapist model. Bottom line is that the existing data is not of high quality. For the United States although there is a long history of this model being used in many different parts of the world, and the experience in the United States is too recent and too little to draw many conclusions.

We also reviewed our ADA policy relating to therapists. The science and accurate data that drives our policies are, of course, our starting points.

We looked at the therapist issue in light of each of our core values:
• Commitment to members,
• Integrity,
• Excellence,
• Commitment to improvement of oral health,
• Science/evidence–based.

In reviewing this issue, we examined the costs and benefits of any approach we may take or are taking. In some parts of the country, the battle has been waged for so long that it is taking a toll on both leadership and rank and file. A recent example is New England States. In those areas, should dentistry change its approach? Will other approaches work in those parts of the country?

The purpose of the discussion was not to change our policy, but to bring forth in discussion the most current information available to us. There are many complexities of the issue and our need to be sensitive to all perspectives, including how our members perceive the issue.

Student Loan Consolidation Program

A recent member benefit is the loan consolidation program we launched with Darien Rowayton Bank (DRB). This has been a well-received initiative. As of November, DRB has received over a hundred million dollars in loan applications. It is too early to make any judgments, but approval rates so far have been quite good. And, so far, the average savings for an ADA member is approximately $30,000.
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Our phones have once again been ringing multiple times a day with calls from our members asking for an update on the E-Prescribing requirement. The March 2016 deadline is here and I know this has caused quite a bit of anxiety for our members. Thanks to the efforts of NYSDA and EDPAC we had one more year to get prepared, but that year is now up.

Last year, before the extension, we offered three E-Prescribing courses which over 250 of our members attended. We also provided a refresher of that program during our General Membership Meeting in March. Our past president, Dr. Bijan Anvar once again showed our members what to expect with E-Prescribing. If you have not yet done so, please be sure to sign up for an E-Prescribing account as soon as possible however as it does take some time to process the enrollment.

Speaking of CE programs, 2016 is going to be a banner year for us. We plan on offering more CE programs than ever before. We have nearly 50 events scheduled on the 2016 calendar. As a member, many of them are free or heavily discounted so please take advantage of them. In fact, if a member attends all of the free CE courses, they will be fully covered for the 60 CE credit requirement. Be sure to check out our website qcds.org to see all of them.

I know that most of you have already renewed your membership, but if you have not already done so, please renew at your earliest convenience. We truly value you as members and hope you realize how valued you are to QCDS. The lobbying and advocacy efforts of the tri-partite (ADA, NYSDA, QCDS) may not always get your attention, but without their work to protect patients’ and dentists’ interests, the profession would be in a much worse position today.

The tri-partite leadership is constantly reviewing and analyzing issues on access to care, Medicaid reimbursement matters and many other important concerns facing your profession. They do this so that your interests, and more importantly the interests of your patients, are made known to regulators and legislators. Without a large unified voice that speaks for most dentists the interests of our patients and our members would be ignored. Strength in numbers is key to making sure that our voices are being heard. I beseech you to keep your membership and to explain to your non-tripartite colleagues why it is so important for them to join with us.

If you are having temporary financial issues, do not let this be a reason to drop your membership. Please do not hesitate to reach out to me to discuss options that will allow you to keep your membership in the tri-partite.

Finally, I am very pleased to let you know that we are in the process of modernizing and upgrading our website. Hopefully by the time you read this or soon thereafter, you will be able to enjoy the new and improved qcds.org.

ADA Trustee Report: Discussion On Mid-Level Providers

—Continued from page 5

Strategic Planning

Members First 2020, our strategic plan, guides our decisions. At this meeting, we identified three strategies: focus the message, targeting students and new dentists for membership, and simplify and standardize our interactions with members.

State of the Dental Market

Marko Vujicic made a presentation to us on the “State of the Dental Market.” Dental spending continues to be flat, as does the division of the sources for the spending. Dental care utilization—visits to dental offices—is more varied. Utilization by children continues to grow, now at the highest level we have seen. This is driven primarily by lower income segments and public funding. Utilization by seniors is flat. Also, for the first time in a long time, there was no decrease in utilization by adults aged 19-64. We hope this is the beginning of a turn around, but we will need to closely monitor this to see if it becomes a trend.

In recent years, we have identified the high numbers of individuals citing a perceived cost barrier to receiving dental care. Marko pointed out that we now have five years of data showing that this trend in receding. This is a broad trend. In particular, children and seniors are far less likely to cite cost as a barrier to receiving care. All of this gives us hope that utilization will continue to improve, although we need more data.

Dental earnings declined from 2013-14, albeit only slightly. This may reflect similar data relating to average U.S. household income. The percentage of dentists who say they are “not busy enough” may be stabilizing. As with other issues, we need a few more years of data points to draw definitive conclusions, but we are hopeful. Finally, Marko showed us data relating to inflation-adjusted private dental plan charges. It is no surprise to us or our members that, in general, there is no significant increase.
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Queens County Dental Society volunteers were named “Queens People of the Week” by New York 1 for their ongoing screening of school children in Queens, and in particular for their most recent screening at PS 201 in Pomonok in February. At the school, volunteers QCDS dentists provided free oral exams and education on oral hygiene to the young children.

Doctors Richard Yang, Shazia Akhtar, Mercedes Mota-Martinez, Arelys Santana, Eric Huang, Kenneth Liao, Cynthia Tsen, and Chen Wenduo were on-hand for the screening.

QCDS partnered with the Tzu-Chi Foundation for the event. The foundation started the Happy Campus Program at PS 201 in 2012. The program includes promotion of humanity, education, and weekend food bags for children in need. “Once a week,” Tzu-Chi volunteer Chiang San San said, “we deliver various activities to each classroom.”

More than 300 children received free oral screenings, oral hygiene instructions and oral hygiene kits. Those who were in need of further dental treatment were asked to return to their dentists for a follow-up.

The event was part of the national Give Kids A Smile program, a national endeavor of the American Dental Association, which gives a way for dentists across the country to join with others in their community to provide dental services to underserved children. The ADA’s Give Kids A Smile program enhances the oral health of large numbers of needy children.


To participate in this program next year call (718) 454-8344.
help from everyone in this profession to maintain our current membership and to continue recruitment of new dentists. The Queens Dental Society is a big family of cultural diversity. My goal and responsibility for 2016 is to increase diversity among our ranks to better reflect the community that we serve. We are in the same profession and we are working for similar goals. As a leader and a member of this organization, I feel obligated to unite all dentists together, regardless of their genders, cultural backgrounds and ethnicities, to provide the best service to our community.

“In addition, dental health is often under-prioritized. We must promote and advance dental healthcare. In order to do so, we require resources from every corner in the community. Community education is very important to expanding awareness of the importance of dental health. We, as doctors and teachers, are compelled to educate our patients and community about the importance of dental health and preventative dentistry. Dental prevention and hygiene are the keys to dental health, especially with children. Queens County Dental Society organizes programs to educate children and adults about dental health. Some of these programs include “Give Kids Smile,” “CitiField Oral Cancer Screening” and other events at various senior facilities. As an incoming president for 2016, I will continue to support these programs and seek more opportunities to improve and give back to our community.”

Dr. Huang concluded his remarks by stating: “The Queens County Dental Society is a home for all dentists. Although each and every one of us has a unique background and education, the Queens County Dental Society will always strive to provide benefits to its members. We need support from all ethnic groups and organizations to be successful. By uniting together, we also give back to this profession and assist our community. These are lofty goals that cannot be accomplished by a few of us alone. I urge all dentists in Queens County to join, help, and support this big family is pursuit of these goals.”
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Pre-registration is required for CE Courses except General Membership Meetings. Call 718-454-8344 to register.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event Description</th>
<th>Tuition: ADA member</th>
<th>Tuition: Non-ADA member</th>
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<tr>
<td>Friday, April 1</td>
<td>9:00 a.m.</td>
<td>Practice Using Emergency Drugs</td>
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<td>Course Description: After attending a lecture on medical emergencies, you feel like you’re ready to handle whatever comes your way. Or do you? Knowing what medications to have in your emergency drug kit is very different than knowing how to administer them. How many medications in your kit have you stared at and said, “I hope I never have to use this?” This one-hour long class reviews the indications, contraindications, side effects and pharmacokinetics of the medications that must be in your drug kit.</td>
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<td>Instructor: Eric Zalewski</td>
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<td>Tuition: ADA member: $50 Non-ADA member: $100 A $15 late fee will be assigned to all who pay and/or register on the day of the event. Includes breakfast.</td>
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| Sunday, April 3   | Noon   | New Resident/New Dentist Full Day Training Expo and Casino Night                   |                    |                         |
|                   |        | Course Description: This event will provide new residents and dentists with the practice management knowledge and training that is essential to operating a successful practice, followed up by an evening casino night party that will include dinner, drinks, music, and casino games with raffle prizes. Pre-registration is required. Call 718-454-8344 to register. |                    |                         |
|                   |        | Tuition: Free to all Queens Residents and Dentists in their first ten years of practice. Includes lunch and dinner. |                    |                         |

| Tuesday, April 5  | 7:00 p.m. | General Membership Meeting                                                        | $100 Non-QCDS members (VSC annual pass): $350 |                         |
|                   |          | Course Description: Business owners and professionals are constantly looking for ways to reduce their taxes. Financial planning offers a wide array of strategies to help business owners. The presentation will cover a series of ideas to help dentists “protect for today and build for tomorrow.” |                   |                         |
|                   |          | Instructor: Dr. Al A. Gulum                                                       |                    |                         |
|                   |          | Tuition: QCDS Members: Free Non-QCDS members (one time): $100 |                   |                         |

| Friday, April 8   | 9:30 a.m. | Video Study Club - Creating Endodontic Success: 3-D Obturation, Coronal Restoration, Endodontic Possibilities |                    |                         |
|                   |          | The purpose of this video is to powerfully demonstrate endodontic treatment techniques you can utilize to consistently shape canals and three-dimensionally clean and fill root canal systems. Techniques are demonstrated utilizing 3-D graphics and animation, extracted teeth and operatory patients. All procedures have been performed to optimally transfer knowledge and maximize your learning experience. 3-D Obturation - Step-by-step techniques demonstrate how to predictably fill root canal systems using warm gutta percha methods. \nCoronal Restoration - Appreciate the importance of achieving the “rest of the seal” and how to properly finish successful endodontic treatment.  \nEndodontic possibilities. | QCDS Members: Free Non-QCDS members (one time): $100 |                         |
|                   |          | Instructor: Dr. Dale Rosenbach                                                    |                    |                         |
|                   |          | Tuition: Free admission to all members, dinner included.                         |                    |                         |

| Course Objective:   |   | Appreciate how surgical protocol modification can serve to enhance the esthetics and functionality of the final implant supported restoration. |                   |                         |
| Course Objective:   |   | Recognize how the surgical aspects of implant dentistry can limit prosthetic options, and how do you? Knowing what medications to have in your emergency drug kit is very different than knowing how to administer them. How many medications in your kit have you stared at and said, “I hope I never have to use this?” This one-hour long class reviews the indications, contraindications, side effects and pharmacokinetics of the medications that must be in your drug kit. |                   |                         |
| Course Objective:   |   | Identify how aspects of implant placement can affect the potential success of the subsequent prosthetic phase from both esthetic and functional perspectives, and do you? Knowing what medications to have in your emergency drug kit is very different than knowing how to administer them. How many medications in your kit have you stared at and said, “I hope I never have to use this?” This one-hour long class reviews the indications, contraindications, side effects and pharmacokinetics of the medications that must be in your drug kit. |                   |                         |
| Course Objective:   |   | Appreciate how surgical protocol modification can serve to enhance the esthetics and functionality of the final implant supported restoration. |                   |                         |
Yoga for the Dental Team: Tools and Techniques you can use for Health and Stress Management

Course Description:

Dental professionals and staff are subjected to a great deal of stress, abnormal postures, repetitive motions and forceful exertions during the course of their day. This often results in pain, limited mobility, fatigue, headaches, and potential injury. Yogic practice can avoid all these consequences. Yoga means union—a union of body, mind and spirit. Pause, breathe, stretch and move to create a union of healthy body, peaceful mind and happy heart. Yogic stress-relieving techniques can be performed on or off the yoga mat, at home, in the office, or standing or sitting in a chair. Movements can be modified to accommodate all ages, body types and experience levels. Experience an evidenced based integrated body-mind practice. Explore and tap into tools and techniques to create health, vitality, calm and quiet amid a busy lifestyle.

Course Objectives:

Workshop participants will learn how to:
• Empower health professionals to “self-care” in order to interrupt patterns of burnout, sleep deprivation, or relationship disharmonies and to reduce anxiety in patients.
• Use basic breathing techniques (pranayama) to completely oxygenate the blood, release tension in the chest and abdomen, improve digestion and create vitality and energy in the body. These techniques—which can be done in the office—calm the mind, create mental clarity and focus,
• Use simple stretches, moves and postures (asanas) to release tension, relieve aches and pains and increase flexibility and fluidity in the joints. These techniques are particularly effective for dental professionals who have joint, spine, carpel-tunnel, and TMJ issues.
• Use mediation for stress-management, emotional and mental stability—which is critical for clarity in decision making, and peace of mind—which is critical for effective communication and relationships.

Pre-registration is required. Call 718-454-8344 to register.

Instructor: Dr. B.J Mistry

Tuition: ADA member: $50 Non-ADA member: $150
A $15 late fee will be assigned to all who pay and/or register on the day of the event. Includes breakfast.

Sunday April 17 9:00 a.m.

CPR - Certification 4 C.E. Credits

Topic: Basic Cardiac Life Support

Basic Cardiac Life Support Certification will cover 1 and 2 rescuer CPR, Heimlich maneuver, child CPR and AED. The ability to recognize the signals of a heart attack and provide stabilization of the victim at the scene of a cardiac arrest is a priceless commodity. Life over death may someday become a reality to someone you know or care for. Be prepared to help save a life.

Pre-registration is required. Call 718-454-8344 to register.

Instructor: Eric Zalewski, BLS instructor

Tuition: ADA member: $105 ADA member staff: $105
Non ADA member: $260
A $15 late fee will be assigned to all who pay and/or register on the day of the event. A light breakfast will be included.

Tuesday, May 3 7:00 p.m.

General Membership Meeting 2 C.E. Credits

7:00 P.M. – Practice Management Techniques to Increase Growth and Profit

Course Description:

Feeling challenged and need team commitment? Want to continually increase your production and profit? Are you managing your team and patients successfully? Want to improve your quality of life and lower stress?
• Learn how to create an experience for your patients that increases referrals;
• Discuss solutions to current practice and team challenges and ways to develop effective systems;
• Apply communication skills and scripting to successfully increase treatment acceptance.

Course Objectives:

With the right systems, leadership and guidance, you can lead your practice to excellence and stay focused on your vision. Positive and effective communication will bring successful team development, increase practice production, and allow for effective responses to conflict. Invest in your practice and patients will invest in you! This course is designed for dental professionals wanting to improve and grow their practices and their lives.

Speaker: Leslie D. Icenogle

8:00 P.M. – Second Presentation
Free admission to all members. Dinner included.

Friday, May 6 9:30 a.m.

Video Study Club - Preparing for Your Next Medical Emergency 2 C.E. Credits

Course Description:

We never know when a medical emergency will happen in our office. Oftentimes, it has nothing to do with planned treatment. This video includes diagnosing and dealing with many potential emergency medical problems, including loss of consciousness, respiratory distress, allergies, chest pain, and other life-threatening situations. The following example “medical emergencies” are simulated with live patients for you and your staff to analyze and determine appropriate emergency treatment:
• Vasodepressor Syncope
• Angina Pectoris
• Mild Allergy
• Postural Hypotension
• Seizure
• Asthmatic Attack/Bronchospasm
• Hyperventilation
• Epinephrine Reaction
• Insulin Shock/Hypoglycemia
• Sudden Cardiac Arrest
• Anaphylactic Reaction
• Myocardial Infarction
• Swallowing/Aspirating an Object

Instructor: Dr. Al A. Gulm

Tuition: QCDS Members: Free Non-QCDS members (one time): $100 Non-QCDS members (VSC annual pass): $350

A $15 late fee will be assigned to all those whose pay and/or register on the day of the event

Pre-registration is required. Call 718-454-8344 to register. A light breakfast will be included.
STUDY CLUBS

Dr. Fialkoff Study Club

Contact Dr. Fialkoff  (718) 229-3838
April 6  7:00- 10:00 p.m.
Topic: Preserving Private Practice Dentistry
Speaker: Panel Discussion
Location: 47-20 Bell Blvd., Bayside

May 4  7:00- 10:00 p.m.
Topic: Sinus Grafting for Difficult Implant Cases: Review of Results
Speaker: Drs. Steven Wallace and Bernard Fialkoff
Location: 47-20 Bell Blvd., Bayside

June 8  7:00- 10:00 p.m.
Topic: Computer Security
Speaker: Kamran Zokai
Location: 47-20 Bell Blvd., Bayside

Glen Head Study Club

Contact Dr. Lewis  (718) 326-1212
April 1  7:30- 10:30 p.m.
Topic: Cement Update and Pre-Treating of Surfaces
Speaker: Lois Richardson
Location: IL Bacco Restaurant
253-24 Northern Blvd., Little Neck

Kalman Study Club

Contact Doris  (718) 897- 6400
April 19  6:30- 9:00 p.m.
Topic: Update on Medical Emergencies
Speaker: Dr. Daniel Pompa
Location: Village Club of Sands Point
1 Thayer Lane, Sands Point

Be sure to check the QCDS website for the latest Society events and news: www.qcds.org
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